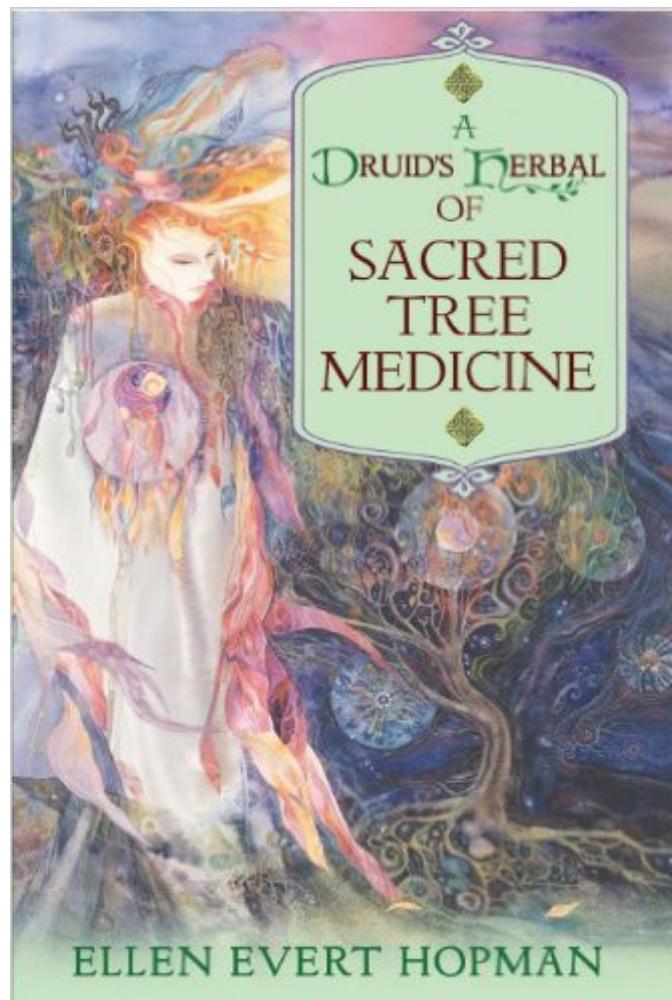


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# A Druid's Herbal Of Sacred Tree Medicine



## Synopsis

An in-depth look at the history, herbal uses, and spiritual aspects of the sacred trees in the ancient Celtic Ogham Tree Alphabet • Details the 20 trees of the ogham alphabet and their therapeutic and magical virtues • Examines the Forest Druid practices associated with each tree as well as the traditional uses in Native American medicine • Describes the Celtic Fire Festivals and how each tree is featured in these holy days • By the author of *A Druid's Herbal for the Sacred Earth Year* The Druids used the ancient Ogham Tree Alphabet to work magic and honor the dead, surrounding each letter with medicinal and spiritual lore. Poets and bards created a secret sign language to describe the letters, each of which is named for a tree or a plant. For centuries this language was transmitted only orally in order to protect its secrets. Combining her extensive herbal knowledge and keen poetic insight, Ellen Evert Hopman delves deeply into the historic allusions and associations of each of the 20 letters of the Ogham Tree Alphabet. She also examines Native American healing methods for possible clues to the way ancient Europeans may have used these trees as healing agents. Druidic spiritual practices, herbal healing remedies, and plant lore are included for each tree in the alphabet as well as how each is used in traditional rituals such as the Celtic Fire Festivals and other celebrations. Hopman also includes a pronunciation guide for the oghams and information on the divinatory meanings associated with each tree.

## Book Information

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## Customer Reviews

This was such an interesting read. I may never indulge in tree medicine but the history of the druids

was very intriguing and enlightening. I would suggest it for anyone that wants to know more about our ancient trees and if your interesting in druid knowledge and ways. I rented it from the library and couldn't take enough notes to satisfy my curiosity, so I ended up buying it from . Best to read in the spring as many of the tinctures and poltices use spring time bark. After reading this book I wanted to identify all my neighborhood trees and really enjoy what we take for granted every day. Hope you enjoy the read too. The only disadvantage to the book is knowing where to cut the bark and how to really prepare the medicines in the book. I would like to engage but the directions are not in print.

As someone who has studied Celtic herbalism with Master Herbalists -- and as a practising Druid, I can attest that the herbal constituents, effects, and uses described in this book are spot on. In addition, the author provides little-known folkloric information and background, as well as anecdotal information on how these herbs are used by her own Tradition of Druidism today. Along with her book on Tree Medicine, Ms. Hopman provides information vital not only for Druids, but for herbalists and traditional healers everywhere.

If you are a tree lover, natural medicine lover or have the previous book, you will want this book. It completes the other part adding some new stuff you will enjoy lots.

I love, love, love this book! I recommend this book to anybody who wishes to live a healthy, Earth-friendly life. Hint: Mix a little cream with the tea made from the inner bark of the apple tree, you will never forget the incredible flavour!

There is just so much goodness packed into this concise and fascinating reference book. In addition to valuable instruction on medicinal uses and recipes for trees in our own backyards, the history and lore of this knowledge is described in beautiful detail. I know I will use this book forever and continue to pass on this wisdom that every human should know for healing themselves, their families and their community.

I read this book because it had herbal information in it but was quickly drawn into the ancient history of the Druids, which includes astronomical information as well as the homeopathic uses of herbs. This is a great book for anyone who simply takes a walk in nature and wonders what many have wondered through the ages | what are the medicinal properties of all the nature that surrounds us? It's a great reference book for all those who think they know everything about herbs and want

another perspective from an ancient culture.Rahasya Poe, Lotus Guide

I've had this book for a number of years. I liked how the author explains each of the Oghams with their corresponding trees: complete with their ritual/metaphysical properties and as well their medicinal aspects. I highly recommend this to Pagans that have specific interests in Celtic/Druidic Magick or that have interests in trees. There are certain pagan writers that seem "fake," however, you aren't going to get bubble-gum writing here. Well done!

Ellen Evert Hopman I love the way she writes it's easy to follow very detailed and also easy to escape in the pages of her writing, I own this book and one other of her books. Definitely recommend her to anyone.

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